Trauma,
Training,
and the Foster Care System

By: Katheryn Hilfiker



A lot of children who are entering the Foster Care System have some type of trauma. This is because a lot of them are coming from a really bad homing situation. These kids are being placed into foster homes where a lot of the foster parents don't know how to help them.





Current solutions that are out there are the Child Welfare Act (CWA), trauma screening, and parent training. The CWA is an act that requires the states to make a reasonable effort to prevent the placement of children in the system. It also wants the states to make a reasonable effort to reunify children with their families. Foster Care also screens each child for traumas as they enter the system. They also give parents training on how to be ready to foster or adopt.

Local Companies:



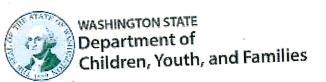
For more info visit: https://www.fosteringchangewa.com/



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The Foster Parent's View

By: Katheryn Hilfiker

Lost, confused, we don't know what to do.
They're scared, sad, and probably really mad.
All we want is to help them out,
But we don't have the tools they need to get well.

We are trying our best with everything we have, But what we have won't be enough, We need more training for a case that is tough.

A class to learn how to help the hurt. How cool, how great, how splendid a plan! Now we know how to help them at home, And show them that they are not alone.

From a Child's Eyes

By: Katheryn Hilfiker

Tears roll down my face, My heart really aches. As the police sirens roar, My heart hurts more and more.

My family being split in half, And put with someone new. Oh the challenges that I will face, Not knowing what to do.

I must brave through this,
I have nowhere left to go.
There are monsters in my head,
That won't leave me alone.
The traumas that I face,
I can not face alone.

I hope that the family is nice, And will help me win this fight.





A possible solution that could solve this problem is having a more in depth screening for trauma and giving the needed tools to help the kids and foster parents. If a child is found to have some type of trauma they should be given therapy to help them manage it. Also, the foster parents should be given training on how to handle and help those who need special care.



About the Author:

Hello! My name is Katheryn Hilfiker.

I am 17 years old and a senior
at the STEM academy at Spokane Valley Tech.
I am a goalkeeper in soccer and play tennis.
I enjoy painting, knitting, crocheting, and spending time with my family.
I love reading nonfiction and mystery books.
And I'm passionate about caring for people of all ages.

