# **Books**

The Age of Miracles: Embracing the New Midlife Marianne Williamson

Creating Your Best Life: The Ultimate Life List Guide Caroline Adams Miller and Michael B. Frisch

The First 30 Days: Your Guide to
Any Change (and Loving Your Life More)
Ariane de Bonvoisin

Here's the Bright Side: Of Failure, Fear, Cancer, Divorce and Other Bum Raps Betty Rollin

Moving Forward: Taking the Lead in Your Life
Dave Pelzer

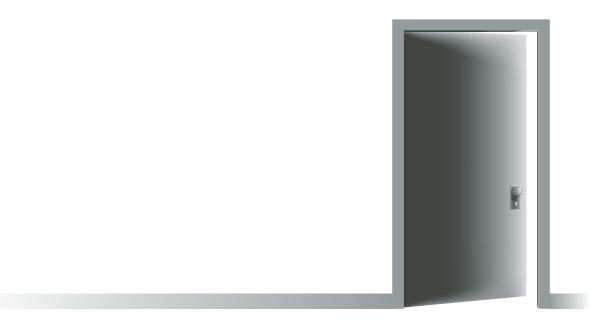
Thinking About Tomorrow: Reinventing Yourself at Midlife Susan Crandell

What Now?
Ann Patchett

When You're Falling, Dive: Lessons in the Art of Living Mark Matousek

Who Moved My Cheese? An A-Mazing Way to Deal with Change in Your Work and in Your Life Spencer Johnson

# Job & Education Resources



**trl.**Timberland Regional Library

RENEW
WASHINGTON
A project of the Washington State Library

**trl.**Timberland Regional Library

www.TRL.org 1-800-562-6022

# **Databases**

To access these databases visit <u>www.TRL.com</u>, select *Research*, and click *Reference Databases*.

- ► WOIS/The Career Information System
  Career choice information and assessment
  tools for civilian and military occupations.
- ► LearningExpress Library
  Get prepared for civil service, military,
  and academic admissions exams.
- Proquest and General OneFile
   Articles on a diverse range of topics from magazines, journals and newspapers.
- GrantStationPotential funding sources for grant seekers.

GrantStation is only accessible in Timberland libraries.

► **GrantSelect**Potential funding sources for grant seekers.

# **Vocational Rehabilitation Services**

► Washington State Division of Vocational Rehabilitation

Toll Free: (800) 637-5627 Direct: (360) 725-3636 TTY: (800) 637-5627 Fax: (360) 438-8007 www.dshs.wa.gov/dvr

# ► Morningside Services

A private not-for-profit 501-(c)(3) Community rehabilitation program providing employment services to individuals with disabilities. www.morningsideservices.com

# **Agencies and Websites**

► Employment & Security Department
Resources for unemployed workers.
Are you eligible for unemployment benefits? Do you qualify for worker retraining?

www.esd.wa.gov
1 (800) 318-6022

#### **▶** Worksource

Offices are open to the public and provide the information, technology and services that job seekers need to secure satisfying jobs.

www.GoToWorksource.com
(360) 704-3600

### ► Community Colleges

Offer evening and weekend classes in broad subject areas including computers, languages, health, arts and business.

- ▶ Thurston County South Puget Sound Community College www.spscc.ctc.edu
- Grays Harbor, Pacific Counties
   Grays Harbor College
   www.ghc.ctc.edu
- Lewis County
   Centralia College
   www.centralia.edu
- Mason County
   Olympic College Shelton
   www.olympic.edu/Campuses/Shelton

# ► CareerOneStop

U.S. Department of Labor offers career resources to job seekers. www.careeronestop.org

► Occupational Outlook Handbook A classic career reference resource. www.bls.gov/OCO

#### ► PeaceCorps

Volunteers travel overseas to make a real difference in the lives of real people. <u>www.peacecorps.gov</u>

- ► Small Business Administration Free online course about starting and running a small business. www.sba.gov
- ► The Volunteer Center of Lewis, Mason & Thurston Counties Connecting people with opportunities to serve. www.volunteer.ws

# ► Volunteer Match Making it easier for good people to find good causes to connect. www.volunteermatch.org

## ► Adult Literacy

Providing GED, English language, and Adult Literacy tutoring for adults at no charge. See the directory of statewide programs at <a href="https://www.literacynow.info">www.literacynow.info</a>.

- ► Thurston, Mason Counties (360) 426-9733 www.masoncountyliteracy.org
- ▶ Grays Harbor, Pacific Counties (360) 533-9733
- ▶ Lewis County (360) 736-9391 ext. 382