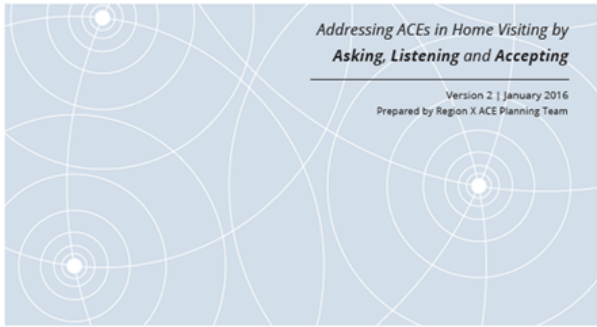




NEAR@Home



Visit the Thrive Washington website and download the NEAR@Home Toolkit today!

Thrive Washington Website:

<https://thrivewa.org/>

Direct Link:

<https://thrivewa.org/work/trauma-and-resilience-4/>

NOTE: Please be sure to complete the forms with your contact information.

Summary:

The NEAR@Home toolkit was created, reviewed, and tested by home visitors, mental health providers, and other experts in the field of NEAR and home visiting in Region X (Alaska, Idaho, Oregon, and Washington). The toolkit is based on a theory of change with five core elements: Preparing, Asking, Listening, Affirming and Remembering. It is designed for home visitors who have some basic knowledge of NEAR science and have at least one year of experience in their model home visiting.

The toolkit is designed as a training manual with guided processes to help you learn and practice language and strategies to safely and effectively talk about the trauma of ACEs. We emphasize safety and reflective support for the home visitor as a critical element in this process. Using this process home visitors will build skills in the therapeutic use of self and discover increased compassion, patience, and stamina in their work with families.



Visit the Spokane Regional Health District website and Download the 123 Care: A Trauma-Sensitive Toolkit for Caregivers of Children today!

Spokane Regional Health District Website:

<http://www.srhd.org/>

Direct Link:

<http://srhd.org/123care.asp>

Note: If you are interested in a hardcopy of this toolkit, please contact Andrea Frost at (509) 954-0243. Fees for printing and postage may apply.

Summary

Public health nurses at Spokane Regional Health District (SRHD) developed this toolkit for caregivers of children. Caregivers are defined broadly to include parents, grandparents, child care providers, teachers, and others who care for children daily. This toolkit is intended to support caregivers on their journey towards trauma sensitivity. It is organized by topic, each offering a brief overview, specific tools that can be used with children, and where to find more information. Also included are handouts that can be used as teaching aids.

