



\$2 pays for a bus fare for a parent to visit his/her sick child. **You Make a World of Difference.** \$3 pays for one complete medical exam. \$5 provides 3 weeks worth of baby food for one child. \$10 pays for a tumor removal or an orthopedic procedure in a third world country. \$20 buys books, videos, and developmental toys to fund a children's playroom at a battered women's shelter here in the U.S. \$20 pays for an outfit for a guide dog puppy along with food, water dishes, leash and collar. \$2 buys a deployment package of helpful materials for a couple, usually 2 books and 4 booklets. \$3 covers the cost of a cleft lip/palate surgery in a third world country. \$5 pays for parking at a hospital for a child with cancer to receive treatment. \$10 provides HIV counseling and testing for 25 at risk women and men. \$20 buys soup kitchen food items to feed hundreds of elderly men and women in countries such as Romania and Ukraine. \$20 provides clinical and genetic research material and laboratory equipment necessary for conducting breast cancer research projects that will lead to prevention and a cure. \$10 a month helps people access health and dental care services. \$20 a month provides 20 meals served to low-income, homebound seniors. \$50 a month helps a family reduce hunger by visiting a local food bank for one year. \$100 a month makes it possible for a child of a low-income family to receive quality child care. \$1 provides an educational booklet for a person newly diagnosed with multiple sclerosis. \$2 per pay period will. **Donate Today.** \$3 will purchase a session of speech language pathology services to help restore a stroke survivor's ability to communicate independently. \$3.75 sends a diabetes information kit to a newly diagnosed individual. \$10 per month plants twenty trees, offsetting twenty tons of carbon dioxide emissions. \$1 provides food and blankets for a family of six in Southern Iraq. \$5 provides safe water to more than 80 poor Mozambicans through the construction of wells, sewers and other clean water systems. \$10 can buy seedlings for poor rural families in Peru. \$25 can buy heifers for two families in Ecuador. \$35 can help train two community health workers who improve AIDS awareness to high-risk groups in Africa. **The Time is Now.** \$50 can buy vaccinations for fifty people against meningitis, measles, polio and other deadly epidemics in Indonesia. 5 per week will buy



Give today and change the world by visiting our website at

**[www.cfd.wa.gov](http://www.cfd.wa.gov)**