

will provide resources and knowledge to access new technologies and reinvent careers for mid-life adults. The library will plan and host an exposition utilizing resource specialists with an emphasis on creating greater IT fluency, developing and providing introductory computer classes, and sessions on career change for employment or business and retooling after fifty and beyond.

Grant: 12-TLA50-002

Award: \$5,000

Organization: Orcas Island Public Library

Title: Health and Wellness Week

Abstract: A week of programs, presentations, and displays for the mid-life adult, focused on the concept of active aging and taking charge of one's own fitness. Topics include arthritis education, back health, stress management, nutrition, and exercise.

Grant: 12-TLA50-003

Award: \$5,000

Organization: Camas Public Library

Title: Life, Part 2

Abstract: Based on feedback received in last year's 2011 TLA50 program evaluations (events in 2012) and research, Camas Public Library will offer up to sixteen programs on the topics of lifelong learning, finances, career options, volunteer opportunities, retirement planning, crafts, and healthcare issues for mid-life adults.